

## **Buteyko Educator Practitioner Training for Osteopaths**

1. First meeting to discuss the training programme &
  - a) Give patient screening advice
  - b) Start Buteyko training for practitioner
  - c) Give practitioner training manual and all necessary literature and stationary to start student training.
  
2. 121 Buteyko training of practitioner plus commencement of study and work on assignments.  
Practitioner begins gathering first group of students for training after screening. (Max of 5 per course)
  
3. Second meeting with practitioner for further training followed by joint supervision and training of first student group of five.
  
4. Monitoring and support of students for one week before second meeting. (Joint training)
  
5. Second session of training of practitioner followed by part two training session of students. (Joint training)
  
6. Continued practitioner studying and completion of assignments.
  
7. Distant support from trainer.
  
8. Completion of all assignments and continued student training to gain BBEC membership as a trained Buteyko Educator.

Course Training Fees will depend on distance from my practice in Kent but will be based on £250 per day plus travel expenses plus Course Material (Training manual, presentation material, etc. as required.) This will cost practitioners for the basic level training between £750 and £1,500 depending on their location and specific requirements.

Contact Michael Lingard for more information:

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